

Your personal prayer check list

The following is a work list and a check list for your personal prayer life. Go through the questions one by one and check your own prayer life. Determine your actual standing as far as your prayer life is concerned.

- Do you have a quiet place where you can be with God and not be interrupted? No/Yes
- What times are your fixed daily prayer times?
- Are you awake and rested at these times so that you can really pray effectively?
No/Yes
- Do you have family prayers (if married)?
No/Yes
- The time when we have/will have family prayers:
- How do you keep abreast with (new) matters for intercession?
- Do you listen to the news and read the newspaper to learn of matters for intercession?
No/Yes
- Do you use the book Operation World for prayer, or You can change the world in the case of families?
No/Yes
- Do you have contact with other prayer groups and intercessors?
No/Yes
- Do you receive prayer letters or news letters from missionaries, mission organizations or other organizations or actions that make prayer information available?
No/Yes
- If your congregation has a prayer bulletin or indicates matters for intercession on the church announcements, do you pray for them every week?
No/Yes
- Do you pray for the following matters:
 - your own spiritual growth.....
 - your relatives.....
 - your family
 - your congregation.....
 - your city/town.....
 - the government.....
 - political leaders
 - unsaved people
 - missionaries/mission action.....
 - mission organizations
 - revival
 - outreaches

- The following will contribute towards a more effective prayer life:
 - Read spiritual books about prayer
 - Attend prayer seminars
 - Pray together with other believers

- Do the following elements of prayer form part of the contents of your prayer:
 - Worship
 - Praise
 - Thanksgiving i
 - intercession
 - confession of sin/humiliation
 - prayer for guidance
 - personal requests
 - mediation based on the Scriptures
 - spiritual warfare

- Ask yourself the following questions and test your prayer life against them:
 - Are your prayers to the point and powerful?
Yes/No
 - Are you humble when you pray?
Yes/No
 - Are your prayers specific?
Yes/No
 - Are your prayers Scriptural and in accordance with the Will of God
Yes/No
 - Do you pray in faith and with gratitude
Yes/No
 - Do you pray seriously and with intensity?
Yes/No
 - Do you expect an answer to your prayers
Yes/No
 - Are your prayers filled with quotations from the Bible; and do you hold up to God His Own Words when you pray?
Yes/No

- Do you make use of a prayer book or prayer lists in which you write down the matters for which you pray?

An example of a page in such a prayer book:

DATE	PRAYER REQUEST	ANSWER	DATE